

Bob Egan  
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Hello,

My name is Bob Egan. I am a resident of Annandale Oxford House. A number of years ago, I got out of my third rehab and was looking to change my life. I needed a sober environment around sober people with the ability to get a good job and stay in touch with my family. I found it in an Oxford House and it has been a major part of my recovery, but only a part - I also attend AA meeting.

Early on, the knowledge that I had to come home sober got me through the hard times. Later, I realized my roommates could help keep me sober. Oxford provided the environment which allowed me to stay sober, re-union with family, enjoy a decent job, and build confidence. When I used to say "I could get sober on my own" my sponsor would answer, "Why would you want to? Get sober with others." Oxford provided my experience, strength and hope.

Sincerely, Bob Egan